

# Sigma Kappa Omega

## Chapter Checkpoints



The following is a breakdown of all items and activities that each chapter is required by The Order to complete. All checkpoint items will be submitted to the MALs and The Order for review.

Submissions format and deadlines will be communicated to each chapter by their MAL. The should be recorded and adhered to by both the chapter and MAL.

\_\_\_\_\_ Chapter of Sigma Kappa Omega and their Member-At-Large agree that all documents will be turned in by \_\_\_\_\_.

Member-At-Large \_\_\_\_\_

Chapter President \_\_\_\_\_

Chapter Vice-President \_\_\_\_\_

Date \_\_\_\_\_

## Scholarship/Academics

Chapter Semester GPA- Chapters will submit their chapter's semester GPA to be reviewed by their MAL and The Order. Chapters will be evaluated to see if their individual chapter's GPA is equivalent to that of the requirement to be a sister of Sigma Kappa Omega. Chapters with outstanding GPA's will be recognized at Infinity Weekend. If a chapter is in need of additional help in the area of academia, sanctions will be set for chapters to follow and work with. It is important to remember that each sister contributes to this outcome, so it is imperative that chapters work together and motivate each other.

## Goals

Chapter Goals Set- Chapters will set goals at Infinity Weekend. These goals are to be officially recorded and shared with the chapter at the first formal meeting of the new semester. Chapters may also make additional goals at executive retreats, chapter retreats, or chapter formal meetings. All goals are to be documented and be a framework for how the semester will be laid out. If everyone has the same endpoint in mind the journey to get there will be much more productive. Goals can range from areas of academia, philanthropy, sisterhood, and everything in between. As a sorority we are always improving and evolving, it is important we do that in a positive way.

Chapter Goals Review- At the end of each semester the President (or chapter) will meet with their MAL to discuss their accomplishments and how they have been working to achieve their chapter goals. Goals will either be marked as completed and be recognized at infinity weekend, or restructured and reevaluated for accomplishment the next semester.

### **Community Service/Philanthropy**

Chapter Community Service Hours- Each chapter will need to complete 10 community service hours per active sister per semester. For example if the chapter has 5 sisters they will be required to complete 50 community service hours per semester. These service hours are to be documents for The Order of Sigma Kappa Omega and are privy to be made public at any time. The publishing of community service hours means that high quality and meaningful contributions must be made. Chapters with outstanding community service projects will be recognized at infinity weekend. Chapters will document these hours with the attached form and return it to their MAL within the allotted time set by The Order and their MAL.

Chapter Donations and Philanthropy for Alzheimer's- Each chapter will need to complete at least one event promoting Alzheimer's awareness during the course of each long semester. Sigma Kappa Omega is dedicated to the promotion of our philanthropy and each chapter is charged with this mission as well. In addition to the one event a semester Chapters will also be required to raise a minimum of \$100.00 to donate to the Alzheimer's Association each long semester. These events and the money raised are to be documented using the required forms and returned to the chapter's MAL in the allotted time. Chapters who have outstanding events and chapters who are successful in fundraising will be recognized during Infinity Weekend for their hard work.

Chapter Donations and Philanthropy for Project Princess- Each chapter will be held responsible for adopting at least one young lady for their year long project princess campaign. Sigma Kappa Omega is dedicated to create well rounded women of society and takes every opportunity to strengthen this in the community. Each chapter will decide upon a recipient and in what ways they will sponsor them. While every chapter is different and each community has different needs, chapters will document their specific contribution on the forms provided. Chapters may also look in the idea book (included) for ways to reach out and help young ladies in their community truly feel like a princess. Chapters with outstanding Project Princess stories and adoptions will be recognized during infinity weekend.

Adopt-a-highway/ adopt-a-park- Each chapter will be required to complete an adopt-a-highway/ adopt-a-park or an event that benefits the natural landscape around them each long semester. Caring for the world around us not only betters our community but betters the members of Sigma Kappa Omega.

## **Sisterhood/Socials**

Sisterhood (Sister only socials/events)- Sigma Kappa Omega was founded on a sincere bond of sisterhood and each chapter should live out that statement. Chapters are required to plan at least two sisterhoods a month. This event should be a bonding time dedicated to enhancing the richness of our sisterhood and strengthening the bond that we all share. This is by no means the only time that sisters should spend doing this it is simply a reminder to keep our founding principles on the forefront.

Sisterhood Retreat- Sigma Kappa Omega is dedicated to creating and preserving our lifelong bonds of sisterhood. Each chapter will take a Sisterhood Retreat during every long semester. The purpose of this event is for bonding and growing the sisterhood.

Socials- Sigma Kappa Omega is a social sorority. There is no greater advantage to Greek life than the outreaching network of the Greek community. Each chapter will need to plan and have a minimum of one social event each long semester. These events can either be with another greek organization, any campus organization, or an event that the chapter hosts and puts on for the school community. Again this is not to say that chapters should only have one social event a semester, this is just to keep founding principles in order.

## **Sigma Kappa Omega Organization Involvement and Leadership**

Executive Boards- Each chapter is to update their MAL with names and contacts of all executive board members and chair positions as they change. There are not to be any vacancies in positions unless a special circumstance is in place. Every position in the National Constitution should be filled and upheld at all times.

Chapter Representation- Sigma Kappa Omega Sorority and The Order must work cohesively as one. Chapters must have representation at all required meetings and events that are set to be mandatory by the national governing body.

New Member Program- All prospective members (Pearls) must be educated using the newest version of the Sigma Kappa Omega approved membership education plan. Potential members must pass all quizzes and final in order to be initiated into the organization. Chapters should be able to produce this information to their MAL upon request.

Continuing Education- Each chapter will be required to complete a continuing education lesson each semester. Sample lessons and topics can be found in the idea book or be taken from the Membership Education Plan. As lifelong learners we can always improve ourselves and grow. Our sisterhood is never stagnant and Sigma Kappa Omega members are always striving to improve themselves.