



Membership Education Program
Incorporated Lesson Plans
Revised September 2020

Guidelines for Educators

Sigma Kappa Omega Membership Education Plan

***** Add a portion of the constitution to each week of the MEP process and conduct an Oral quiz for the Pearls**

****Be cautious of our sisterhood and who you let join us for life**

IN THIS MANUAL

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- II. LESSON PLANS & MATERIALS
- III. BIG SISTER – LITTLE SISTER
- IV. QUIZZES & FINAL EXAM
- V. QUIZZES & FINAL EXAM KEYS

INTRODUCTION

Firstly we want to say congratulations on your new title as membership educator! You have the most important role in the sorority and probably one of the hardest but this manual should make at least one of your jobs a little easier! As membership educator, you will hold many responsibilities. You are the most prominent representation of active membership that the prospective members (Pearls) will have for over 3 months. Make sure that you are there for the prospective members and be the active that you wish, had, or would have wanted when you were a Pearl.

Beyond this you represent the prospective membership in active meetings. You are their voice! It is so very important that you are consistently updating your chapter on how the class is doing. It may sound unnecessary or redundant but come voting time, you want the actives to feel the same type of connection you have made with your Pearls.

We'd like to take the time to stress that you ensure the prospective members that you and the education team are to be the sisters that prospective members go to FIRST with any question, issue, problem etc. They are to feel comfortable coming to your team with anything and everything. Make a conscious effort to be an open book to prospective members and very approachable. Recruitment is not over at the end of rush week. You are now responsible for upholding membership numbers throughout this very stressful time.

If YOU have any questions, comments, concerns etc. please do not hesitate to contact the creator of this manual. She will act as your very own "Pearl mom's Pearl Mom" and is always if you need any help. One of the many perks of being a young sorority is young alumna!

Contact Krystina Christiansen: (619) 376-9227 or at krystiansen@hotmail.com

Good luck to your team and I hope you have an amazing semester!

**Krystina Christiansen
Crossed Spring 2010 "Iota"**

LESSON PLANS & MATERIALS

Week: One

Lesson Title: Responsibilities of Membership

Objective: To educate prospective members about the responsibilities of joining the sisterhood

Discussion Points:

Requirement for Active Membership (GPA) and Annual Dues

Sigma Kappa Omega Membership Statuses

“Three’s”:

1. Sisters must have a desirable moral character
2. Sisters must have a positive relationship with other sisters
3. Sister must have a demeanor that will positively reflect the sorority

Disciplinary Actions

Probation

Suspension

Expulsion

University Greek Life Policies

Policy on Hazing (Video)

Policy on Controlled Substances

Policy on Discrimination

How the National Policies Affect Recruitment

Pledge Policy

Study Hours

Points System

Meeting Information and Etiquette

Required Dress

Social Media Policy

Insert from MEP – Pearl Edition:

Week One

Responsibilities of Membership

Objective

To educate prospective members
about the responsibilities of joining
Sigma Kappa Omega

Sigma Kappa Omega MEP Lesson Plan

Week: Two

Lesson Title: Sorority History and Organization

Objective: To acquaint prospective members to the organizational structure of Sigma Kappa Omega and familiarize them with the history of the Sorority.

Discussion Points:

- History of Sororities

- History of Sigma Kappa Omega

- Sigma Kappa Omega founded November 12, 2001 at Stephen F. Austin State University – Nacogdoches, Texas

- Introduce Kara McIntyre, Katie McCormick and Megan Thomas.

- **Talking points****

- Part of national service sororities did not serve the type of sisterhood they were searching for.

- Founding points: Sincere bond of sisterhood

- Positive presence on campus

- Benefit the community

- Sigma Kappa Omega Structure

- Chapter roles and who they are

- Greek Life Coordinators; who they are, what they do

- Campus Advisor; who they are, what they do

- The Order

**Insert from MEP – Pearl
Edition:
Week Two**

**Sorority History,
Organization & The Order**

Objective

To acquaint prospective members to the organizational structure of Sigma Kappa Omega and familiarize them with the history of the Sorority

**Sigma Kappa Omega
MEP Lesson Plan**

Week: Three

Lesson Title: Chapter Level Organization and History

Objective: To educate prospective members about the chapter level within Sigma Kappa Omega.

Discussion Points:

History of the Chapter

Chapter Structure

Chapter roles and who they are (Beta)

Election of Officers

Removal of Officers

Committees

Founding Mothers of the chapter

Insert from MEP – Pearl Edition:

Week Three

Chapter Level Organization and History

Objective

To educate prospective members about the chapter level within Sigma Kappa Omega

**Sigma Kappa Omega
MEP Lesson Plan**

Week: Four

Lesson Title: Rituals and Regalia of Sigma Kappa Omega

Objective: To educate prospective members on the history of the rituals and regalia of Sigma Kappa Omega sorority

Discussion Points:

Regalia (Will learn meaning behind these if cross in Initiation Ceremony)

Color – Purple & Silver

Supporting Colors – Glitter & Black

Flower – Orchid

Mascot – Butterfly (Cocoon story)

Philanthropy – Alzheimer's Association

Symbol – Star

Gem – Pearl

Motto – Carpe Diem

Tag – With beauty and grace

Rituals

Pearl (Upon discretion of chapter)

Induction

Initiation

Alumna

Constitution

Sanctions Committee

Amendments to Constitution

**Insert from MEP – Pearl
Edition:
Week Four**

**Rituals and Regalia of
Sigma Kappa Omega**

Objective

To educate prospective members
on the history of the rituals and
regalia of Sigma Kappa Omega
sorority

**Sigma Kappa Omega
MEP Lesson Plan**

Week: Five

Lesson Title: University Greek Life

Objective: To educate prospective members on the Greek Life at our school.

Discussion Points:

What councils are on campus?

IFC Fraternities

NPC Sororities

NPHC Fraternities & Sororities

MGC Fraternities & Sororities

Know name, founding year, nickname, colors of each organization

Joint Relations

Discuss needed respect between our organizations and others

Discuss why communication is very important (ex: joint events, working on MGC committees etc.)

Why is it important to have good joint relations?

Greek Alphabet

**Insert from MEP – Pearl
Edition:
Week Five**

Greek Life

Objective

To educate prospective members
on the Greek Life at our school

**Sigma Kappa Omega
MEP Lesson Plan**

Week: Six

Lesson Title: Leadership

Objective: To acquaint prospective members to various styles and tools of leadership

Discussion Points:

Definition of a leader – What is a leader to you?

Difference between leadership and management

Discuss leadership styles, situational leadership and conflict resolution

Important woman leaders

Case Studies

Split class into groups and give them different scenarios that could happen in Sigma Kappa Omega. Have them explain how they would handle the situation as officers.

Insert from MEP – Pearl Edition:

Week Six

Leadership

Objective

To acquaint prospective members to various styles and tools of leadership

**Sigma Kappa Omega
MEP Lesson Plan**

Week: Seven

Lesson Title: Academics, Service & Philanthropy

Objective: To educate and discuss the importance of academics and service to our sisters.

Discussion Points:

Study skills

Preparing resumes

Service

Why is it important to the University?

Adopt-A-Highway

Philanthropy

About Alzheimer's & Alzheimer's Awareness

Other philanthropy projects that Sigma Kappa Omega is involved in

Relay for Life

Project Princess

Insert from MEP – Pearl Edition:

Week Seven

Academics, Service & Philanthropy

Objective

To educate and discuss the
importance of academics and
service to our sisters

**Sigma Kappa Omega
MEP Lesson Plan**

Week: Eight

Lesson Title: Social Values and Ethics

Objective: To develop etiquette, social skills, personal responsibility and a strong sense of values and ethics

Discussion Points:

- Etiquette presentation

- Online etiquette: Talk about importance of social media and how we represent ourselves on these platforms. Have members sign the Social Media Clause (included)

- Have members create and share a class creed that highlights the values they cherish

- Dating, relationships

- Social graces

Insert from MEP – Pearl Edition:

Week Eight

Social Values and Ethics

Objective

To develop etiquette, social skills, personal responsibility and a strong sense of values and ethics

**Sigma Kappa Omega
MEP Lesson Plan**

Week: Nine

Lesson Title: Sisterhood

Objective: To discuss the importance of Sisterhood to Sigma Kappa Omega

Discussion Points:

****THIS WEEK IS BLANK FOR A REASON. It symbolizes that you cannot TEACH sisterhood. Make sure to express that this week is a time for the pearls to bond. They are a sister forever but a pearl for only a few months. It is the most special time and should not be taken for granted. This is a reflection week. There are talking points below but I encourage you to take additional steps in making this lesson very special!****

What is the definition of sisterhood?

Is it simple or difficult to develop a concrete definition? Why?

Read written down meanings of sisterhood from each prospective member

Demonstration of Sisterhood within Beta

How does the chapter demonstrate Sisterhood?

Can the chapter improve? How?

How has the Pearl class demonstrated sisterhood?

What can be done to improve this bond?

What, if anything, can be done to make the transition of Pearl to sister smoother?

Know each sister full name by crossing class

*****Post discussion explain that this week is for them; a time for them to bond in their last week as Pearls and to reflect everything that they've gained from this experience. Encourage class to spend time together as much as possible. *****

Insert from MEP – Pearl Edition: Week Nine

Sisterhood

Objective

To discuss the importance of
Sisterhood to Sigma Kappa Omega

BIG SISTER – LITTLE SISTER INFORMATION

Before the scheduled Sisterhood Retreat, the active members randomly select their little sister. In order to have the honor of becoming a big sister mentor, the following is suggested prior to selection:

- Involvement
- Responsiveness
- Energetic/Enthusiastic
- An outstanding member of the chapter
- In good moral standing with all members of the chapter, council and college
- Demonstrate leadership qualities
- Have a positive attitude towards the chapter
- Consistently contribute to the chapter
- Understand the commitment beyond the MEP
- Want the responsibility of being a big sister mentor

During the Sisterhood Retreat, the big sisters will be revealed to the Pearl class. At this time the Sisters chosen to have the responsibility as big sister will take the following oath before the chapter and prospective members:

The Big Sister Oath

“I (state your full name) understand that as a Big Sister it is my responsibility to act as a mentor, advisor and friend to my Little Sister and that I share with her my knowledge of Sigma Kappa Omega. I promise to help my Little Sister become a better person, worthy of being initiated in our great Sorority. I will instill in her a sense of personal responsibility – consistent with the purposes of Sigma Kappa Omega – not only through the wisdom of my words, but through the integrity of my actions. I am my Sisters’ keeper.”

The honor to be a big sister is a great one and we believe that time should be allotted to showing the Pearls that this is not only an honor, but a great responsibility.

QUIZZES & FINAL EXAMS

Pearl Quiz #1

1. What are the 5 types of membership?
2. How much are active dues per semester?
3. How long is the Pearl period?
4. Name two of the disciplinary actions that can be taken by sanctions.
5. Name three things that can result in expulsion.
6. What should you do if the parliamentarian tells you that a social media post is inappropriate?
7. The Sigma Kappa Omega Sorority expressly prohibits discrimination by any component part of the Sorority or by any person acting on behalf of the organization on the basis of ____, race, color, _____, creed, national origin, ancestry, _____, disability, veteran status, or political affiliation.

All _____ presenting students are welcome to rush Sigma Kappa Omega, and sisters who transition from female to male may continue their membership.

Pearl Quiz #2

1. What is the first Greek lettered Fraternity?
2. When was the first Greek-lettered Fraternity founded?
3. What are the four types of fraternities existing today?
4. When and on what campus was Sigma Kappa Omega founded?
5. Who are the three founders of Sigma Kappa Omega?
6. What is the founding point of Sigma Kappa Omega?
7. What are the Chapter officer titles and who serves each title?
8. Who is on our Greek Life Staff and what is their title?
9. Who is our advisor?
10. What is our Alumna organization called and who are the founders?
11. What dual purpose did The Order serve?

Pearl Quiz #3

1. When was our Chapter founded?
2. Name the chair positions held in our chapter of Sigma Kappa Omega and who holds these positions.
3. When are officer elections held?
4. Only those who have been active members of the chapter for at least ____ semester(s) shall be eligible to be officers, unless membership does not allow.
5. A ____ vote of the active membership shall remove an officer from the office.
6. Who decides on chairs for the committees?
7. Who can hold a chair position?
8. When are chair positions selected?
9. Name our chapter Founding Mothers.
10. Name three ways to be accountable.
11. Failure to follow through will mean _____.

Pearl Quiz #4

1. Name the following;

Colors:

Flowers:

Mascot:

Philanthropy:

Symbol:

Gem:

Motto:

Tag:

2. Name the three rituals of Sigma Kappa Omega

3. How does "The Story of the Butterfly" reflect onto your Pearl process?

4. Explain the dress code at the following events (for Pearls/New Members):

- a. Induction: _____
- b. Formal Meetings: _____
- c. Pledge Meetings: _____
- d. Initiation: _____

Sigma Bonds

We say _____ that join the Sigmas are those that will always be.

We say _____ within each _____ brings joy to you and me.

_____ friends, they are _____ in our hearts, our whole lives long.

In the time we spend _____ we will keep on growing strong. When you're down and feeling _____ and you are a little _____

When you need someone to listen to your _____ good and bad, Just remember in times of trouble, when you need a helping _____; You'll find friends and love among us, _____ we'll always be.

Word Bank: HAND BONDS SIGMAS STORIES LONELY
FOREVER LOVE TOGETHER SAD SISTER SIGMA

Pearl Quiz #5

1. Name the councils on our campus (full name).
2. Name the IFC fraternities.
3. Name the NPC sororities
4. Name the NPHC sororities and fraternities
5. Name the MGC sororities and fraternities.
6. Name the following E-Board member on our council (if applicable).
President:
VP:
Treasurer:
Secretary:
Internal Chair:
External Chair:
Rush/Expansion Chair:
Public Relations Chair:
Academics Chair:
7. Why are joint relations important to Sigma Kappa Omega?
8. Name the three parts of Sigma Kappa Omega's purpose.
9. What is the oath we say before meetings?

The Greek Alphabet

Write out each Greek alphabet below its symbol

Α

Β

Γ

Δ

Ε

Ζ

Η

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Ι

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Μ

Ν

Ξ

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Y

Φ

X

Ψ

Ω

Pearl Quiz #6

1. What is the difference between leadership and management.
2. What are the qualities of a great leader? How does each quality affect leadership?
3. What are the three absolutes of leadership?
4. Name the three female leaders throughout history.

Pearl Quiz #7

1. What is the number one Golden Rule for Academic Success?
2. Name five other rules discussed last week.
3. What service event do we take part in twice a semester?
4. TRUE/FALSE: Alzheimer's is a normal part of aging.
5. What is the most common symptom of Alzheimer's?
6. What is the Alzheimer's Awareness Vision?
7. Alzheimer's Awareness Mission: To eliminate _____ disease through the advancement of _____; to provide and enhance _____ and _____ for all affected; and to _____ the risk of dementia through the _____ of _____ health.
8. What is Relay for Life?
Raise _____. Stay _____. Party _____. Make _____. Laugh, _____, Dance. Walk. Meet _____. Give _____. Fight _____.

9. How long does the Relay for Life event last?

10. What Philanthropy did Sigma Kappa Omega create in the Spring of 2011 and how often is it held?

11. How many hours of sleep do you need per night to remain focused and alert during study periods?

Pearl Quiz #8

1. Put a check next to the pictures/posts that you think are OK for social media and an X over the ones you find inappropriate and explain why.



"About to hit up nasties!! Hollaa!! :)"



"Drunk as fuuuuuu"



"Partying all night with the sisters!"

"SIGMA LOVE at the bar!"

"Home alone tonight #bored"



2. Name the 3 Etiquette 101 rules.

3. What is the terminology used to inform a sister that she is not displaying the ethical and moral values of the Sorority?

4. What is the Sigma Kappa Omega tag that every sister should uphold themselves to when it comes to ethics, values, morals and social skills?

Pearl Final Exam

1. Each Pearl must attend ___ hours a week of study hours
2. How many points must a Pearl achieve in order to be initiated?
3. What are the requirements for active membership (Three's)?

4. How much are active dues per semester?

5. Why do you think these policies (hazing, substance abuse, discrimination) are so important to the functioning of our chapter?

6. Name two Disciplinary Actions discussed.

7. What are the three things you are for sure not allowed to do while in your letters:

8. Explain the dress code at the following events (for Pearls):
 - a. Induction: _____
 - b. Formal Meetings: _____

- c. Pledge Meetings: _____
- d. Initiation: _____

9. If you have something to contribute during a meeting, what should you do?

10. What is the first Greek lettered Fraternity?

11. When was the first Greek-lettered Fraternity founded?

12. What are the four types of fraternities existing today?

13. When and on what campus was Sigma Kappa Omega founded?

14. Who are the three founders of Sigma Kappa Omega?

15. What is the founding point of Sigma Kappa Omega?

16. What are the Chapter officer titles and who serves each title?

17. Who is on our Greek Life Staff and what is their title?

18. Who is our advisor?

19. What is our Alumna organization called and who are the founders?

20. When was our Chapter founded?

21. Name the chair positions held in Sigma Kappa Omega at chapter level and who holds these positions.

22. When are officer elections held?

23. Only those who have been active members of the chapter for at least ____ semester(s) shall be eligible to be officers, unless membership does not allow.

24. A ____ vote of the active membership shall remove an officer from the office.

25. Who decides on chairs for the committees?

26. Who can hold a chair position?

27. When are chair positions selected?

28. Name our three Founding Mothers.

29. Name the following:
Colors:

Flowers:

Mascot:

Philanthropy:

Symbol:

Gem:

Motto:

Tag:

30. Name the three traditional rituals of Sigma Kappa Omega

31. Who appoints the Sanctions Committee?

32. How does "The Story of the Butterfly" reflect onto your Pearl process?

33. Who can propose to amend the constitution?

Sigma Bonds

We say _____ that join the Sigmas are those that will always be.

We say _____ within each _____ brings joy to you and me.

_____ friends, they are _____ in our hearts, our whole lives long.

In the time we spend _____ we will keep on growing strong. When you're down and feeling _____ and you are a little _____ -

When you need someone to listen to your _____ good and bad, Just remember in times of trouble, when you need a helping _____; You'll find friends and love among us, _____ we'll always be.

Word Bank: HAND BONDS SIGMAS STORIES LONELY
FOREVER LOVE TOGETHER SAD SISTER SIGMA

34. Name the four councils on campus (full name).

35. Name the IFC fraternities.

36. Name the NPC sororities

37. Name the NPHC sororities and fraternities

38. Name the MGC sororities and fraternities. Include their founding year, nick-name and colors.

39. Name the following MGC E-Board member names.

President:

VP:

Treasurer:

Secretary:

Internal Chair:

External Chair:

Rush/Expansion Chair:

Public Relations Chair:

Academics Chair:

40. Why are joint relations important to Sigma Kappa Omega?

The Greek Alphabet

Below each Greek symbol, write out the letter;

A B Γ Δ E
Z
H Θ Ι Κ Λ
M
N Ξ Ο Π Ρ
Σ
Τ Υ Φ Χ Ψ
Ω

41. What is the difference between leadership and management

42. What are the qualities of a great leader? How does each quality affect leadership?

43. What are the three absolutes of leadership?

44. Name the three women leaders throughout history.
45. What is the number one Golden Rule for Academic Success?
46. Name five other rules discussed during the Academic Success class.
47. What is our university motto?
48. What service event do we take part in twice a semester?
49. TRUE/FALSE: Alzheimer's is a normal part of aging.
50. What is the most common symptom of Alzheimer's?
51. What is the Alzheimer's Awareness Vision?
52. Alzheimer's Awareness Mission: To eliminate _____ disease through the advancement of _____; to provide and enhance _____ and _____ for all affected; and to _____ the risk of dementia through the _____ of _____ health.
53. What is Relay for Life?
- Raise _____. Stay _____. Party _____. Make _____. Laugh, _____, Dance. Walk. Meet _____. Give _____. Fight _____.
54. How long does the Relay for Life event last?
55. What Philanthropy did Sigma Kappa Omega create in the Spring of 2011 and how often is it held?

56. Name the 3 Etiquette 101 rules

57. What is the terminology used to inform a sister that she is not displaying the ethical and moral values of the Sorority?

58. What is the Sigma Kappa Omega tag that every sister should uphold themselves to when it comes to ethics, values, morals and social skills?

Sigma Kappa Omega Active Member Roster

Name

Title

Sigma Kappa Omega Pearl Roster

Name

Title

QUIZZES & FINAL EXAM KEYS

Pearl Quiz #1 KEY

8. Each New Member must attend 2 hours a week of study hours
9. How many points must a New Member achieve in order to be initiated?
85%
10. What are the requirements for active membership (Three's)?
 1. Sisters must have a desirable moral character
 2. Sisters must have a positive relationship with other sisters
 3. Sister must have a demeanor that will positively reflect the sorority
11. How much are active dues per semester?
\$_____
12. Name the three policies discussed at the last meeting?
Hazing, Controlled Substances, Discrimination
13. Why do you think these policies are so important to the functioning of our chapter?
Open-ended; no such thing as a wrong answer here, as long as they understand the concept

14. Name the two Disciplinary Actions discussed at the last meeting.

Suspension, Expulsion

15. What are the three things you are for sure not allowed to do while in your letters:

Drink, Smoke, Cause unwanted attention

16. How long is the Pearl period?

___ days *should be 45 but depends on chapter*

17. Explain the dress code at the following events (for Pearls/New Members):

- a. Induction: ___Soft Colors_____
- b. Formal Meetings: ___Business Casual_____
- c. Pledge Meetings: ___Appropriate, look presentable_____
- d. Initiation: ___All White, no make-up, cover tattoos, no jewelry_____

18. If you have something to contribute during a meeting, what should you do?

Raise your hand

Pearl Quiz #2 KEY

1. What is the first Greek lettered Fraternity?

Phi Beta Kappa

2. When was the first Greek-lettered Fraternity founded?

1776

3. What are the four types of fraternities existing today?

General, Professional, Honor Society and Recognition Society

4. When and on what campus was Sigma Kappa Omega founded?

November 12, 2001 – Stephen F. Austin State University

5. Who are the three founders of Sigma Kappa Omega?

Kara McIntyre, Katie McCormick, Megan Thomas

6. What is the founding point of Sigma Kappa Omega?

Sincere bond of sisterhood

7. What are the Chapter officer titles and who serves each title (Alpha & Beta)?

chapter discretion

8. Who is on our Greek Life Staff and what is their title?

*chapter discretion

9. Who is our advisor?

chapter discretion

10. What is our Alumna organization called and who are the founders?

The Order – Joanne Iglesias and Krystina Christiansen

Pearl Quiz #3

1. When was our chapter founded?

chapter discretion

2. Name the chair positions held in our chapter of Sigma Kappa Omega and who holds these positions.

Fundraising & Philanthropy: Brittnee Garner, Cindy Rojo

Social: Joanne Iglesias

Rush/Recruitment: Katy Clark

3. When are officer elections held?

Spring semester

4. Only those who have been active members of the chapter for at least __1__ semester(s) shall be eligible to be officers, unless membership does not allow.

5. A __2/3__ vote of the active membership shall remove an officer from the office.

6. Who decides on chairs for the committees?

Executive Board

7. Who can hold a chair position?
Any active member
8. When are chair positions selected?
Every semester
9. Name our chapter Founding Mothers.
*Chapter discretion

Pearl Quiz #4

1. Name the following;

Colors: Purple and Silver

Flowers: Purple and Sterling Roses

Mascot: Butterfly

Philanthropy: Alzheimer's Association

Symbol: Star

Gem: Pearl

Motto: Carpe Diem

Tag: With beauty and grace

2. Name the three rituals of Sigma Kappa Omega

Induction, Initiation, Alumna

3. Who appoints the Sanctions Committee?

Vice President

4. How does "The Story of the Butterfly" reflect onto your Pearl process?

Open ended; no wrong answer, as long as understand concept

5. Who can propose to amend the constitution?

Any active member

Sigma Bonds

We say **_BONDS_** that join the Sigmas are those that will always be.

We say **_LOVE_** within each **_SISTER_** brings joy to you and me.

SIGMA friends, they are **_____FOREVER_____** in our hearts, our whole lives long.

In the time we spend **_____TOGETHER_____** we will keep on growing strong. When you're down and feeling **_____LONELY_____** and you are a little **_____SAD_____**

When you need someone to listen to your **_____STORIES_____** good and bad, Just remember in times of trouble, when you need a helping **_____HAND_**; You'll find friends and love among us, **_____SIGMAS_____** we'll always be.

Word Bank: HAND BONDS SIGMAS STORIES LONELY
FOREVER LOVE TOGETHER SAD SISTER SIGMA

Pearl Quiz #5

1. Name the councils on campus (full name). **chapter discretion**
2. Name the IFC fraternities. **chapter discretion**
3. Name the NPC sororities **chapter discretion**
4. Name the 5 NPHC sororities and fraternities **chapter discretion**
5. Name the MGC sororities and fraternities. Include their founding year, nick-name and colors.

chapter discretion

6. Name the following MGC E-Board member names.

President:

VP:

Treasurer:

Secretary:

Internal Chair:

External Chair:

Rush/Expansion Chair:

Public Relations Chair:

Academics Chair:

7. Why are joint relations important to Sigma Kappa Omega?

Open ended

The Greek Alphabet

A B Γ Δ E

Z

Alpha

Beta

Gamma

Delta

Epsilon

Zeta

H

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K

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Eta

Theta

Iota

Kappa

Lambda

Mu

N

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O

Π

P

Σ

Nu

Xi

Omicron

Pi

Rho

Sigma

T

Υ

Φ

X

Ψ

Ω

Tau

Upsilon

Phi

Chi

Psi

Omega

Pearl Quiz #6

1. What is the difference between leadership and management

Open ended; must understand concept

2. What are the six qualities of a great leader? How does each quality affect leadership?

Attitude, Interest in learning from others, Risk taking, Opportunity seeking, Goal setting, Empowering others

2nd half: Open ended; must understand concept

3. What are the three absolutes of leadership?

Develop a clear agenda, Create a personal philosophy, Develop enduring relationships

4. Name three woman leaders throughout history.

Open ended; must be recognizable names

Pearl Quiz #7

1. What is the number one Golden Rule for Academic Success?

Go to class

2. Name five other rules discussed last week.

Look through list and check

3. What is our university motto? Who said it?

chapter discretion

4. What service event do we take part in twice a semester?

Adopt-A-Highway

5. TRUE/FALSE: Alzheimer's is a normal part of aging.

False

6. What is the most common symptom of Alzheimer's?
Remembering newly learned information
7. What is the Alzheimer's Awareness Vision?

A world without Alzheimer's

8. Alzheimer's Awareness Mission: To eliminate __Alzheimer's__ disease through the advancement of __research__; to provide and enhance __care__ and __support__ for all affected; and to __reduce__ the risk of dementia through the __promotion__ of __brain__ health.
9. What is Relay for Life?

Raise __Money__. Stay __up all night__. Party __with your friends__. Make __a difference__. Laugh, __Cry__. Dance. Walk. Meet __new friends__. Give __Hope__. Fight __Cancer__.

10. How long does the Relay for Life event last?

12 hours

11. What Philanthropy did Sigma Kappa Omega create in the Spring of 2011 and how often is it held?
Project Princess, once a semester (twice a year OK)

Pearl Quiz #8

5. Put a check next to the pictures/posts that you think are OK for social media and an X over the ones you find inappropriate and explain why.



"About to hit up nasties!! Hollaa!! :)"



"Drunk as fuuuuuu"



"Partying with the sisters!"

"SIGMA LOVE at the bar!"

"Home alone tonight #bored"



6. Name the 3 Etiquette 101 rules

1. To think of others before yourself
2. Make others feel at ease
3. To be kind

7. What is the terminology used to inform a sister that she is not displaying the ethical and moral values of the Sorority?

"You left your pearls at home"

8. What is the Sigma Kappa Omega tag that every sister should uphold themselves to when it comes to ethics, values, morals and social skills?

"With beauty and grace"

EDITOR'S NOTE: THE FINAL EXAM IS A COMPILATION OF THESE QUIZZES. PLEASE REFER BACK FOR SCORING